

Summer Swim Lessons

Group and Private lessons meet for 25 minutes

Classes must be prepaid

Classes are limited to 4 students ...no exceptions!

May, June and Adult Group Lessons (four days):

\$40.00 for members \$50.00 for non-members

Wednesday Group Lessons (3 days):

\$30.00 for members \$40.00 for non-members

Private Lessons with Kim (4 days) \$125.00

Private Lessons with Penny (3 days) \$75

Age Groups 3-4, 5-7, 8-10 or pre swim team 8-12

Parent and Me This class is designed for children 12 months-36 months. Swim diaper/plastic pants are required. Parents will be instructed with their children about water safety and beginning swimming skills through songs and water play. Parent must be in the water. (Limited to 10)

Beginner 1 This class is designed for children that are unable to go underwater or are fearful. Students will be introduced to front and back floating, gliding, breathing and freestyle.

Beginner 2 This class is designed for children that are already adjusted to the water (***able to go under independently***) and may be able to swim a short distance independently but lack breathing. Students will review front and back floating, gliding, and be introduced to breathing, freestyle and backstroke.

Beginner 3 This class is designed for children that are able to swim but lack endurance, build confidence in the deep end or proper technique. Students will improve their freestyle and backstroke, reinforce proper breathing technique, and be introduced to diving.

Pre Swim Team- Designed for children that can already swim freestyle and backstroke who are hoping to increase endurance, improve form, learn diving, and turns.

Any questions about class placement or lessons, please email kimhamilton10@yahoo.com

